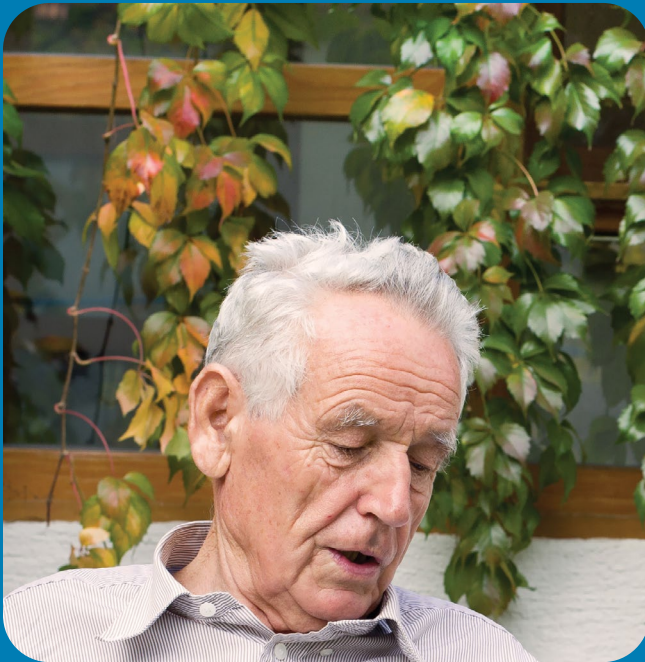


ANNUAL REPORT


2021-22








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 Meaningful Ageing Australia

 @MeaningfulAgeing

 @meaningfulage



Meaningful Ageing Australia is registered with the Australian Charities and Not-for-profits Commission (ACNC).

Would you like to financially contribute to our research projects and resource development to build the confidence and capability of aged care staff so that they can provide spiritual care and promote emotional wellbeing?

All donations of \$2 or more are tax deductible.

ABN 78 124 451 540.

All images are either stock images or from activities with members where permission has been given for use.

Unless otherwise noted, quotes referenced throughout are from social media, email correspondence and member survey feedback.

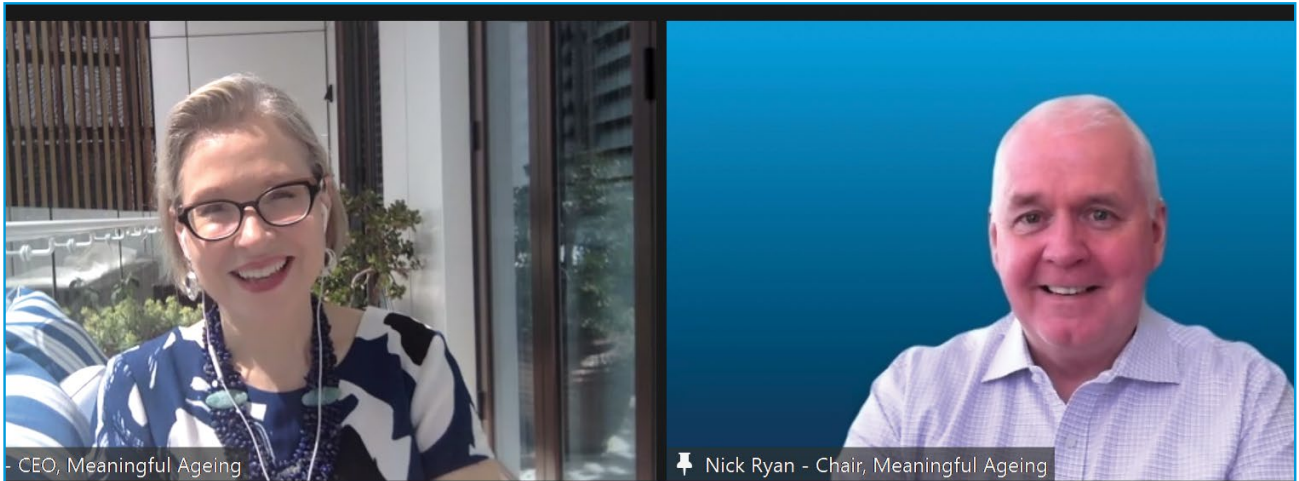


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Chair's report

I am pleased to commend this year's annual report.

The last financial year has been one of the most challenging for the aged care sector. The vast majority of aged care homes managed COVID outbreaks, there were floods that inundated or cut off many nursing homes, and the raft of legislative and regulatory changes continued.

These challenges emphasise that there has never has there been a greater need to promote whole of person care in aged care.

The last year has also seen the 'return to air travel' for Australians after years of COVID. Meaningful Ageing Australia also saw a number of departures and arrivals in our people.

We were very pleased to welcome Amanda Altmann and Andrea King as new board members and we said goodbye to Kellie Whelan, our Board Secretary. We also briefly welcomed David Panter, who resigned to work outside of aged care.

In February, we farewelled Ilsa Hampton after 6 years as our inaugural CEO. Ilsa built the membership and organisation to the strong position we enjoy today. She is well loved and admired and remains a strong proponent for spiritual care in aged care.

In April, we welcomed Rachael Wass as our new CEO, who brings fresh insights, energy and strong engagement and leadership skills. Rachael leads our organisation during a time of continuing change in our sector.

We also refreshed and expanded our team this past year with Jacquie Molloy in Senior Projects & Communications, including a period of Acting CEO, and Monique Pockran as our Business Development Lead.

Nick Ryan
Chair

CEO's report

As the incoming CEO of Meaningful Ageing Australia and during the first 90 days of my appointment from April 2022, I have felt the strong spirit of service, made tangible in support from the Chair & Board Directors, our Meaningful Ageing Australia team and indeed members, affiliates, and partners; and our former CEO, Ilsa.

I owe a gratitude to all those who reached out in this spirit of service to provide me with insights and history, context, and inspiration. This is also the beauty of working in aged care – many are drawn, and continue to be drawn, by the pull of being in service – and in particular in spiritual care and those practitioners who have welcomed me from a place of deep recognition and appreciation.

Over my career, it has always been a long-held wish to lead an organisation that enables the full aspect of spiritual practice alongside the professional. This is the foundation that has driven me for many years: that every older person has intrinsic value.

There is nowhere more important to be to do that than with Meaningful Ageing Australia.

It's certain that our sector will continue to face changes and shifting priorities. Over time, Meaningful Ageing Australia will also adapt and review our services and offerings to best suit our members so that older people can flourish, be cherished, and be enabled to face the later-in-life transitions and existential questions that can challenge their wellbeing.

I'm inspired by, and pay respect to, the ideas and collaborative way that PASCOP came into being to support and advocate for spiritual care. I hope that as you read through this annual report that you too will be just as excited by the programs, research collaborations, partnerships and engagement across sectors, government and various stakeholders who have stepped forward and opened doors to discourse, collaborations and new ideas.



Rachael Wass
CEO

Our people

Board



Nick Ryan

Chair

Whole year



Adam McIntosh

Deputy Chair

Whole year



John Ireland AM

Board Member

Whole year



Sonya Smart

Board Member

Whole year



Andrea King

Board Member

From November 2021



Raad Richards

Board Treasurer

Whole year



Kellie Whelan

Secretary

Until November 2021



Jennifer O'Connell

Secretary

From November 2021



Amanda Altman

Board Member

From November 2021



David Panter

Board Member

November 2021 –
January 2022

Board Meetings

10 August 2021 - via Zoom
19 November 2021 - via Zoom
31 January 2022 - via Zoom
24 May 2022 - Melbourne

2021 AGM snapshot

- » Raad Richards, on behalf of Chair Nick Ryan and the Board, delivered a moving tribute to Ross Low.
- » The Board awarded Elizabeth MacKinlay AM and John Ireland AM with Honorary Eldership.
- » Our members voted in three new Board Directors.
- » Kellie Whelan's service as Secretary and Board Director was acknowledged and thanked.

Our people bring to life our organisational values of wisdom, collaboration, engagement and influence.

Employees

Ilsa Hampton

Chief Executive Officer

February 2016 - February 2021

Rachael Wass

Chief Executive Officer

April 2022 - current

Jacquie Molloy

Senior Projects and Communications

July 2021 - current

Monique Pockran

Business Development

July 2021 - current

Marnie Kay

Office Administrator/EA

October 2022 - current



Lilik Kurnia

Office Administrator/EA

June 2021 - October 2021

Claire Murphy

Office Support

April 2020 - November 2021

Education team

Kim Thoday

Educator/Consultant

2017 - current

Kemeri Lievano

Educator

2021 - current

Jenika Graze

Educator - palliative care

2018 - current

Marilyn Price

Educator - seniors in the community

2018 - current

Mahjabeen Ahmad

Educator - Muslim care needs

2018 - 2021

Pip Mackey

Educator - The Little Things

2019 - current

Honorary researcher

Laurence Lpherd

Honorary Associate Professor

University of Southern Queensland

2017 - current

Volunteer

Jillian Stewart

Honorary research consultants

Megan Best

*Associate Professor
University of Notre Dame*
May 2020 – current

Richard Egan

*Senior Lecturer
University of Otago*
June 2017 – current

Ann Harrington

*Associate Professor
Flinders University*
December 2016 – current

Rosalie Hudson

*Associate Professor
University of Melbourne*
February 2018 – current

John Swinton

*Professor
University of Aberdeen*
February 2017 – current

Bruce Rumbold OAM

*Associate Professor &
Director, Public Health
Palliative Care Unit
La Trobe University*
December 2016 – current

Chris Turner

*Lecturer
University of Divinity*
May 2020 – current

Raelene Wilding

*Associate Professor, Sociology
La Trobe University*
January 2021 – current

Professional affiliations

*ARIIA (formerly Flinders University Aged Care Centre for Growth
and Translational Research)*

The University of Melbourne Contemplative Studies Centre

Mental Health Australia

MARC & NARI

NACA

ACCPA (formerly ACSA and LASA, now combined)

Aged Care Workforce

Partners

HTN education partnership

Anchor Excellence

Spiritual Health Australia

Continuing sponsor

PrimeSuper

Ongoing support and in-kind sponsors

Datacolada

Karina Jagoe

K&L Gates

Portable

PWC – digital strategy

Richard Schrapnel

**Member organisations and individuals who have
contributed to resources and pilots/trials**





Our reason for being

We hear from our members about their need to find ways to carry peace to others through times of challenge and change – and the need to reduce the impact of isolation that these challenges can mean.

We hear their need for establishing the routines and rituals that mark and honour significant turning points and the crossing of thresholds: the way we welcome, observe, celebrate and farewell.

We hear from our members that they are looking for deeper ways to recognise and respond to older people on a daily basis that makes them feel seen and known and safe.

More than ever, person-centred care is widely accepted as a standard but a tension still exists within the sector between offering this level of care, regulatory changes and the level of resources available.

Meaningful Ageing Australia is on a mission to help provide the sector with the leadership and the resources they need to be able to ensure every person in their care – be it residential or community-based – experiences meaning, purpose and connectedness in their lives.

This means advocating on our members' behalf and elevating the role of advanced practitioners and ensuring their professionalism is recognised. It means creating practical resources and programs to support aged care providers to build staff confidence and capability so that they can integrate emotional support and spiritual care into their day-to-day work.

Ensuring older people can continue to experience meaning, purpose and connectedness *is* spiritual care.

And it's our reason for being.

Our members, at 30 June 2022

Meaningful Ageing Australia is a membership-based not-for-profit organisation. Our members are organisations and groups that support older people.

| | | |
|---------------------------------------|---|--|
| AccessCare | Fresh Hope Community Care | Riverview Lutheran Rest Home Inc |
| AdventCare | Glenbrook Residential Aged Care Facility | Royal Freemasons' Benevolent Institution (RFBI) |
| Adventist Senior Living | Greengate | RSL Care SA |
| Alinea | Hall and Prior | St Agnes' Care & Lifestyle |
| Alzheimers WA | HammondCare | St Andrews Village |
| Anglicare (Sydney) | Harbison Care | St Basil's Aged Care Services WA |
| Anglicare SA | Home Instead - Mid North Coast | St Basils Homes |
| ApolloCare | Illawarra Diggers Aged and Community Care | St Joseph's Aged Care Facility Lismore |
| Arcare | IRT Group | St Mary's Villa |
| Ashfield Baptist Homes | JoCare - Caring for Neighbours | Sawtell Catholic Care of the Aged |
| Assisi Centre | Kalyra Communities | Scalabrini Village |
| Australian Sangha Association | Kirkbrae | Seventh-day Adventist Aged Care (South Queensland) |
| Autumn Lodge | Leigh Place Aged Care | Sir William Hudson Memorial Centre |
| Bamford | LHI Retirement Services | Southern Cross Care (Broken Hill) |
| Baptcare | Life Care | Southern Cross Care (NSW & ACT) |
| BaptistCare NSW/ACT | Lions Haven for the Aged | Southern Cross Care (Qld) |
| Baptistcare WA | Lutheran Aged Care Albury | Southern Cross Care (SA, NT & Vic) |
| Barossa Village | Lutheran Services | SummitCare |
| BASScare | Lyndoch Living | Suncare Community Services |
| Belvedere Aged Care | Many Rooms | Sunnyside House |
| Bene Aged Care | Maroba Caring Communities | Tallangatta Health Service |
| Benevolent Living | Masonic Care Tasmania | Tanunda Lutheran Home |
| Brightwater Care Group | Matthew Flinders Home | The Bethanie Group |
| Calvary | McLean Care | The Forrest Centre |
| Capecare | Mercy Community | The Salvation Army Aged Care |
| Care & Share at Trinity | Mercy Health | Twilight Aged Care |
| Carinity | MercyCare WA | Uniting NSW/ACT |
| Carrington | Mt Gravatt Community Centre Inc | Uniting AgeWell |
| CatholicCare Sydney | Multicultural Aged Care | UnitingCare QLD |
| Catholic Homes | Multicultural Services Centre | UnitingSA |
| Central Gippsland Health | Murroona Gardens | Vasey RSL Care |
| Christadelphian Aged Care | Nurse Watch Health Care | Vital Home Health Services |
| Christian Brethren Community Services | Opal Health Care | VMCH |
| Churches of Christ in Queensland | Outlook Gardens | Volunteering Central Coast |
| City of Onkaparinga | Pathways Residences | Warramunda Village |
| City of Port Adelaide Enfield | PAWA Community Care Inc | Warrigal |
| Community Gateway | Peninsula Palms Aged & Community Services | Wesley Mission Qld |
| Donwood Community Aged Care Services | Pennwood Village | Yorke and Northern Local Health Network |
| Dunbar Homes | Presbyterian Aged Care NSW & ACT | |
| ECH | RAAFA WA | |
| Echuca Community for the Aged | Resthaven | |
| Eldercare | Ridleyton Greek Home for the Aged | |
| Fitzgerald Memorial Aged Care | | |

Our past 12 months

Our team expanded!



Sydney,
Galagal land

Rachael Wass

Prior to becoming CEO of Meaningful Ageing Australia, Rachael was a KPMG Associate Director (Aged Care specialist) and the CEO and Founder of a strategic planning consultancy in aged care and medical devices industry.

As well as brand product leadership roles spanning more than 25 years, Rachael holds an MA Ageing (Global Pop Health), MA Com (Marketing), and is an invited Fellow of AMI Certified Practising Marketers.



Melbourne,
Wurrundjeri
land

Jacquie Molloy

Prior to joining Meaningful Ageing Australia, Jacquie ran her own business for more than 20 years, speaking at professional events and coaching and developing CEOs, Boards and Executive Teams in the areas of leadership communications, servant leadership, executive presence and women's visibility in leadership. She also spent 8 years with McKinsey & Company, here and overseas, as a corporate communications consultant & writer.

Jacquie holds a BA (Hons) and Grad Dip in Arts Management.



Sydney,
Galagal land

Monique Pockran

Prior to joining Meaningful Ageing Australia, Monique was National Wellbeing and Lifestyle Lead at Leef Independent Living Solutions. Over her career she has worked in sales and business development for the aged care/community services and the disability sectors. She sits on the leadership team for The Lantern Project and is a volunteer on the Western Sydney Local Health Districts Consumer Council.

Monique holds a Cert III Aged Care and a Cert IV Team Leadership. Currently, she is undertaking a Bachelor of Dementia Care.



Melbourne,
Wurrundjeri
land

Marnie Kay

Prior to joining Meaningful Ageing Australia, Marnie was supporting businesses in both the corporate and not for profit sectors in Canada, the UK, the US and Australia. Her experience spans HR, project support, office management, EA/PA roles, and general administration.

Marnie holds a BA (Sustainable Development & Community Development).

We farewelled Ilsa Hampton

We farewelled Ilsa Hampton in February 2022.

Ilsa was involved with our organisation since its inauguration, serving on the Board from 2013 to 2016.

During her 6 years as CEO, Ilsa led us through a period of significant industry reform. The Royal Commission into Aged Care Quality and Safety was conducted and reported its findings, new Aged Care Quality Standards were introduced and a pandemic hit, which left older people grappling with its impacts.

Ilsa's leadership ensured that Meaningful Ageing Australia has had a seat at the table in contributing to how the future of aged care will be shaped. We are grateful for her passionate advocacy for quality of life for older people.

Her work has also seen us grow from a collective of 22 Sponsor Organisations to the 123 membership-based not-for-profit organisation we are today.

Everybody at Meaningful Ageing Australia - members of the Board, staff, our members and the sector as a whole - was saddened to see Ilsa leave but also full of gratitude and joy for her having been such an instrumental part of our journey.

Thanks Ilsa!



We continued to provide member support and practical resources

The period of December 2021 to February 2022 was a particularly rough one for our sector, already fatigued by the toll of Covid.

We continued to provide our members with access to our *COVID-19 Resource Package*. And we added to it by collaborating with the inventor of Window Therapy and Creative Elder Engagement Specialist, Maurie Voisey-Barlin.

The Elder & Dementia Engagement using Zoom: COVID Quick Guide has since become an important resource for many of our members.

At the start of 2022, we also conducted a number of interviews with members about the role of spiritual care in caring for those older people living with dementia. These interviews were also an opportunity to listen and provide some space for them to process what they were going through.

And we kickstarted our 2022 webinars with some tools and practices to nurture self care in the face of overwhelm and burnout.

'Thank you for sharing with us the lovely reflection by Balducci. What a beautiful way to help a dying person use their final time to build precious memories for loved ones and themselves. Very meaningful. It is an excellent tool to have up our sleeve when we are accompanying a person on their final journey home.'

'At the start of another busy and stressful day, it was good to take a moment and read your newsletter. As usual it provided a much needed moment of reflection and calm as well as a really interesting article.'

During this year we continued to develop *Meet Akira*, our innovative and interactive learning experience designed for personal care workers in community and residential aged care.

In February, we again worked with Portable to hold a co-design workshop involving personal care workers, residents, and those who have experience with end of life support. Through this co-design event we explored the possible scope and content for our next *Akira* story, which will focus on end of life.

Chapter 1 (2020/1): *Meet Akira* - a story to show what spiritual care looks like on an ordinary day

Chapter 2 (2023): *Akira says goodbye* - a story about how to respond to death and dying

This year we have also developed a relationship with Methodist Homes (MHA), the largest charity care provider in the UK, to enable them to bring *Meet Akira* to their workforce as part of their stated 3-year End of Life Care strategy.

MHA supports more than 19,200 older people each year through care homes, retirement living and community groups embedded in local communities.

'Your resources are fantastic and very helpful in understanding spirituality and things we can put into practice for our residents.'

'We so very much appreciate the wonderful work that you do and the support and resources you offer to the sector. I think we share the same goal and that is to ensure our seniors live a good life and receive the supports and care they need in a respectful and dignified way.'

'Your organisation is of great value to us and we appreciate all the hard work put in by all team members.'

A much appreciated resource

Multifaith Practices

'We have a new resident who is from India and of Hindi religion. One afternoon we were sitting outside in the sun meeting together. After we started talking, I suddenly remembered about my *Multifaith Practice* resource book from Meaningful Ageing and ran back to get it. My new resident and I read through a portion of the Hindi section together. He loved the pictures and that I had a resource to be able to help explain about his religion. While we were talking one of the care staff who speaks the same language as him came by to see what we were doing. She explained that though she was from Nepal she shared the same religion and could speak the same language. She really added to our conversation helping translate at times when we couldn't work it out in English. I was really buoyed by this interaction as was the resident and staff member and it meant that I could complete his spiritual assessment in a meaningful way.'



‘Thank you for a meaningful and robust Community of Practice.’

‘I love networking and hearing how other staff and organisations are running, or walking, or standing still. Please don’t change those small group chat opportunities you give us! What a great feature of Zoom.’

‘One of your speaker’s comments re “values” and “human rights” really got me thinking and seeking out literature on the topic. That is a BIG plus for me and something I value greatly.’

‘Thanks for an event that was well managed and professional, friendly and welcoming.’

‘Having the contributions of all the attendees in the chat made it very interactive. Too often this doesn’t occur in online forums. But the attendees were all very engaged with the forum.’

‘It was well presented and well thought out, the use of zoom is a wonderful tool to be able to bring all different people together.’

We continued to host our professional development events online

Open-access webinar: a free 30-minute offering each month on a themed topic, with guest presenter, allowing anyone in the community to attend.

National Community of Practice: a monthly, 1-hour members-only Zoom meeting for frontline teams with a particular interest in social, emotional and spiritual wellbeing. The workshop have a theme, a member guest presenter, a discussion focus and practical facilitated space for sharing ideas.

National Forum: in September 2021, close to 190 attendees from across Australia joined us on Zoom to listen, learn, share and participate in sessions that were of high relevance to our members and wider aged care community.

Our guests and speakers included Amy Laffan, First Asst Secretary, Quality & Assurance Division, Department of Health; David Panter, then CEO, ECH; Sonya Smart, CEO, VMCH; Mandy Salomon, co-founder and CEO, Mentia; Diana Harrison, Project Coordinator, ELDAC; Professor Yvonne Wells, La Trobe University; and Michelle Richardson, Program Lead, Blue Care Community.

Executive Leadership Series: in April 2022, we held a special event – *Celebrating Excellence in Aged Care* – facilitated by Crazy Might Work, an award-winning innovation agency who work in aged care innovation across Australia.

The focus of this 90-minute CEO session was on the power of storytelling in influencing positive behaviours and mindsets as well as supporting organisational strategy.

Education events: as accreditors focus more and more on how service providers are providing spiritual care and ensuring multifaith and diversity is reflected in the care provided, we continue to provide an important avenue of professional development in our online education training sessions such as *Introduction to Spiritual Care* and *ConnecTo*.



For International Spiritual Care Week 2021, we updated and reissued our summary of spiritual care research literature to cover the period 2010–2021. Our resource, *What is the Value of Spiritual Care?*, compiles evidence of the value of spiritual care from aged care and beyond.

What is the Value of Spiritual Care?

A Literature Summary, 2010–2021

Evidence of the value of spiritual care from aged care and beyond
Compiled by Meaningful Ageing Australia

www.meaningfulageing.com.au

Meaningful Ageing
AUSTRALIA

‘Thank you so much, I eagerly look forward to all your events as I find that I learn so much from them.’

‘I always find the time I spend attending your webinars and forums refreshing and uplifting because they help me focus on how we could do things differently and better. It is never a chore, always a pleasure, and something I very much look forward to.’

We strengthened our relationships and embarked on new collaborations

There are always opportunities to collaborate, support and co-create with other organisations working in the sector and this past year was no exception.

We continued our advocacy and engagement with government and peak bodies

As a peak body, the purpose of our advocacy efforts is always on behalf of our members and the older people they care for.

The relationships we have formed, and our ongoing participation in advocacy and engagement, allow us to play an important role in the way we engage with government on the subject of aged care and the ways we can work together to ensure improvements and innovations in how aged care services are provided.

This has been particularly noteworthy this past year through the election and change of federal government.

In August 2021, we submitted a response as part of the consultation process for Palliative Care Australia's Standards for Generalist Palliative Care. That process included our creating the opportunity to involve interested members and some of our research consultants to share their own response, concerns and ideas.

In November, we were one of 25 peak bodies who backed OPAN's call for the new Aged Care Act to be rights-based.

In December, we were in Canberra meeting with Dept of Health about the value and role of *ConnecTo*.

In February 2022, we petitioned then Ministers Hunt and Colbeck on behalf of our members to review eligibility for the Workforce Retention Bonus. As part of the National Aged Care Alliance (NACA), we sent a letter to the Prime Minister to do the same. We also had the opportunity to put the question directly to then Minister Colbeck during a NACA meeting.

In May, we hosted a special pre-election webinar to discuss some of the issues and perspectives that could hurt or heal the sector, particularly when we look through the lens of emotional wellbeing, human rights and quality of life.

And we are staying in ongoing conversations with Department of Health, Ageing and Aged Care Division and Nick Morgan, Assistant Secretary, Support at Home Reform Branch in particular about the inclusion of spiritual and pastoral care in the redesign of the new Home Care Package.

'We are so thankful for the work you do for the sector.'

'You are doing an excellent job.'

'I am very impressed with the content and the action/advocacy work that Meaningful Ageing is undertaking on behalf of the industry workforce and the clients we serve. Well done!'

We relish every chance we get to reinforce the importance of ensuring that meaning, purpose and connectedness are part of every ageing journey.



Our representation at conferences

May 2022 ACSA National Summit: *Aged Care 2.0: Getting it Right.*

Rachael and Monique spent 3 days in Canberra, connecting with members and colleagues, making new friends and introducing our important resources to others in the sector.

June 2022 Spiritual Care Australia National Conference: *Reclaiming Spirit: Building upon Firm Foundations*

The SCA annual conference is a premiere event, highlighting and supporting the work of pastoral care, spiritual care and chaplaincy in Australia. Rachael attended this event online and Monique secured our sponsorship and promotion of Meaningful Ageing Australia.



Our Honorary Elders

In November, at the AGM, the Board awarded the honour of becoming the inaugural Honorary Elders of Meaningful Ageing Australia to Elizabeth MacKinlay AM and John Ireland AM, both of whom were instrumental in the establishment of Meaningful Ageing Australia.

Honorary Eldership is the highest honour we can award those individuals whose achievements and contributions have served and shaped the vision and mission of our organisation.

Thank you both for your advocacy for the need for holistic care in aged care settings and congratulations!

Leadership Lunches with our trusted partner, and supporter, Prime Super

This year, we have once more been able to co-host with Prime Super our Leadership Lunches, which are part of Meaningful Ageing Australia's ongoing Executive Leadership Series.

These lunches are an important part of our business development and member retention strategies. Importantly, they provide an opportunity for executive leaders within aged care to come together with peers and colleagues to reflect, share and discuss the challenges and changes within aged care.

Each lunch introduces a discussion topic or theme that allows an open exploration of the need for emotional, social and spiritual wellbeing for older people.

Despite some ongoing interruption due to Covid, in March, we were once more able to host a lunch in Sydney, followed by Wollongong and then Perth.



2022 Lunch dates

All Leadership Lunches were co-hosted by Prime Super and Meaningful Ageing Australia and facilitated on the day by Monique Pockran

16 March, Sydney – MAA board representatives:
John Ireland & Jennifer O'Connell

13 April, Wollongong – MAA board representatives:
John Ireland and Raad Richards

19 May, Perth – MAA board representative: Andrea King

At each lunch we were able to strengthen Meaningful Ageing Australia’s role as a peak body in supporting the spiritual wellbeing of older people withing in aged care. There was a real feel of connection – and because of Covid, reconnection – with our members that attended. And an opportunity to share our available training and education opportunities, resources and programs that can meet their current needs.

We have begun conversations with Prime Super on a regional lunch program which could be facilitated online, or hosted in person, so that our regional members can come together.



‘very inspiring’

‘relaxed,
informative,
inspiring and
encouraging’

‘enabled
an easy
environment to
connect with
other CEOs and
providers’



Our community

Our community is a large and diverse one: a wide range of world views and religious faiths, old and young, culturally & linguistically diverse (CALD), community-based and residential, researchers and practitioners, care workers and those who receive that care – and all spread over the entire country, urban and rural.

What unites us is a moral mandate to help older people to flourish.

Our community engages with us in myriad ways: through email, newsletter and social media; through informal phone calls; through our networking and professional development events; through research initiatives, surveys and education sessions; and even by mail.

Their input to what we do – sharing their perspectives and insights, their highs and their lows, their dilemmas and innovations – is incredibly valuable and, more often than not, inspiring.

Our next 12 months

Our strategic focus

Continue to champion the importance of spiritual wellbeing of older people through our advocacy efforts and engagement with government, peak bodies and agencies in the sector.

Continue to create and offer practical resources and education events to support aged care providers to build staff confidence and capability so that they can integrate emotional support and spiritual care into their day-to-day work.

Respond to the need to sustainably grow and invest in the right capabilities to best meet the needs of a sector undergoing disruption and regulatory upheaval.

Focus on creating collaborative partnerships with adjacent bodies within the sector and broader health environment to increase our platform and ability to create awareness, increase our member base and serve the sector.

Planned activities

- » Secure new office space for Melbourne and Sydney team members
- » Expand professional volunteer and pro bono support
- » Implement projects and arrangements with Contemplative Studies Centre (University of Melb), Anchor Excellence, Hayylo, HTN and ARIIA to expand the reach of MAA resources
- » Upgrade MAA website to better promote our organisation and serve our members more effectively (Phase 1)
- » Launch *Dementia & Spiritual Care short guide*
- » Present *Exploring Spirituality with Older People (ESWOP)* research results at 2022 AAG Conference
- » Host 2023 National Forum
- » Continue our professional development offerings and launch a specific networking event for advanced spiritual care practitioners
- » Expand and promote our online training workshops using our national network of educators



Our finances

Below is a copy of our auditor's letter, followed by the audited financial reports for Meaningful Ageing Australia 2021-22.

The full audit review, including associated notes, is available to download from the ACNC portal.



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Meaningful Ageing Australia

The Board
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INDEPENDENT AUDITOR'S REVIEW REPORT

Report on the Financial Report

We have reviewed the accompanying financial report of Meaningful Ageing Australia which comprises the statement of financial position as at 30 June 2022, the statement of comprehensive income, statement of changes in equity and statement of cash flows for the year 2022 ended on that date, notes comprising a summary of significant accounting policies and other explanatory information, and the responsible entities' declaration.

Responsible Entities' Responsibility for the Financial Report

The responsible entities of the registered entity are responsible for the preparation of the financial report that gives a true and fair view in accordance with Australian Accounting Standards and the Australian Charities and Not-for-profits Commission Act 2012 (ACNC Act) and for such internal control as the responsible entities determine is necessary to enable the preparation of the financial report that gives a true and fair view and is free from material misstatement, whether due to fraud or error.

Auditor's Responsibility

Our responsibility is to express a conclusion on the financial report based on our review. We conducted our review in accordance with Auditing Standard on Review Engagements ASRE 2415 Review of a Financial Report: Company Limited by Guarantee or an Entity Reporting under the ACNC Act or Other Applicable Legislation or Regulation, in order to state whether, on the basis of the procedures described, anything has come to our attention that causes us to believe that the financial report does not satisfy the requirements of Division 60 of the ACNC Act including: giving a true and fair view of the registered entity's financial position as at 30 June 2021 and its performance for the year [period] ended on that date; and complying with the Australian Accounting Standards and the Australian Charities and Not-for-profits Commission Regulation 2013 (ACNC Regulation). ASRE 2415 requires that we comply with the ethical requirements relevant to the review of the financial report.

A review of a financial report consists of making enquiries, primarily of persons responsible for financial and accounting matters, and applying analytical and other review procedures. A review is substantially less in scope than an audit conducted in accordance with Australian Auditing Standards and consequently does not enable us to obtain assurance that we would become aware of all significant matters that might be identified in an audit. Accordingly, we do not express an audit opinion.

Conclusion

Based on our review, which is not an audit, nothing has come to our attention that causes us to believe that the financial report of Meaningful Ageing Australia does not satisfy the requirements of Division 60 of the Australian Charities and Not-for-profits Commission Act 2012 including:

- (a) giving a true and fair view of the registered entity's financial position as at 30 June 2022 and of its financial performance and cash flows for the year 30th June 2022 ended on that date; and
- (b) complying with Australian Accounting Standards and Division 60 of the Australian Charities and Not-for-profits Commission Regulation 2013.



Carly Delany
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Carly Delany

CPA

RJ Sanderson & Associates Pty Ltd

60 Robinson Street

Dandenong Victoria

Auditor's Independence Declaration

Meaningful Ageing Australia

For the year ended 30 June 2022

UNDER SECTION 307C OF THE CORPORATIONS ACT 2001

I declare that, to the best of my knowledge and belief, during the year ended 30th June 2022 there has been:

- (i) No contraventions of the auditor independence requirements as set out in the Corporations Act 2001 in relation to the audit; and
- (ii) No contraventions of any applicable code of professional conduct in relation to the audit



Carly Delany, CPA

R J Sanderson & Associates Pty Ltd

60 Robinsons Rd Dandenong Vic

19th Oct 2022

Directors Declaration

Meaningful Ageing Australia For the year ended 30 June 2022

In accordance with a resolution of the Directors of Meaningful Ageing Australia Not For Profit (SD) Limited, the directors of the

registered entity declare that, in the directors opinion:

1. The financial statements and notes, as set out on pages 8 to 26, satisfy the requirements of the *Australian Charities and Not-for-profits Commission Act 2012* and;

- a. comply with Australian Accounting Standards - Simplified Disclosures applicable to the entity and
- b. give a true and fair view of the financial position of the registered entity as at 30 June 2022 and of its performance for the year ended on that date.


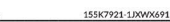
2. There are reasonable grounds to believe that the registered entity as at 30 June 2022 will be able to pay its debts as and when they become due and payable.

This declaration is signed in accordance with subs 60.15(2) of the *Australian Charities and Not-for-profits Commission Regulation 2013*.



Chairperson:  



CEO:  

Sign date: 19 October 2022

Director's Report

Meaningful Ageing Australia

For the year ended 30 June 2022

Director's Report

Your directors present the financial report of Meaningful Ageing Australia for the financial year ended 30 June 2022

Adam McIntosh

Amanda Altman - appointed 19/11/2021

David Panter - appointed 19/11/2021 and resigned 31/01/2022

John Ireland

Kellie Whelan - resigned 19/11/2021

Andrea King - appointed 19/11/2021

Nick Ryan

Sonya Smart

The directors have been in office since the start of the financial year to the date of this report unless otherwise stated.

Principal Activities

The principal activity of the company during the financial year was to produce evidence-informed, practical resources, run on-line events and engage with government and key agencies in order to positively impact the social emotional and spiritual wellbeing of people who are accessing aged care and other service

Going Concern

This financial report has been prepared on a going concern basis which contemplates continuity of normal business activities and the realisation of assets and settlement of liabilities in the ordinary course of business. The ability of the company to continue to operate as a going concern is dependent upon the ability of the company to generate sufficient cash flows from operations to meet its liabilities. The directors of the company believe that the going concern assumption is appropriate.

Signed in accordance with a resolution of the Board of Directors:



bobwhite

Chairperson - Nick Ryan

Dated: 19 October 2022



bobwhite

CEO - Rachael Wass

Dated: 19 October 2022

Audited Financial Statements FY22

Meaningful Ageing Australia
For the year ended 30 June 2022

Statement of Profit or Loss and Other Comprehensive Income

Meaningful Ageing Australia
For the year ended 30 June 2022

| | NOTES | 2022 | 2021 |
|--------------------------------------|-------|----------------|----------------|
| Income | | | |
| Revenue | | | |
| Trading Gross Profit | | | |
| Revenue | 2 | 560,412 | 602,808 |
| Total Trading Gross Profit | | 560,412 | 602,808 |
| Total Revenue | | 560,412 | 602,808 |
| Total Income | | 560,412 | 602,808 |
| Expenses | | | |
| Accounting, Legal and Audit | | 8,075 | 13,027 |
| Administration and Office Expenses | 3 | 32,482 | 31,166 |
| Depreciation - Buildings | 3 | 14,833 | 14,759 |
| Employee benefits expense | 3 | 430,762 | 314,643 |
| Interest on Right of Use Asset | 3 | 393 | 176 |
| Project and Marketing Expenses | | 39,396 | 162,062 |
| Total Expenses | | 525,943 | 535,834 |
| Profit/(Loss) before Taxation | | 34,469 | 66,975 |
| Net Profit After Tax | | 34,469 | 66,975 |

Statement of Financial Position

Meaningful Ageing Australia As at 30 June 2022

| | NOTES | 30 JUN 2022 | 30 JUN 2021 |
|----------------------------------|-------|----------------|----------------|
| Assets | | | |
| Current Assets | | | |
| Cash and Cash Equivalents | 4 | 656,963 | 569,087 |
| Trade and Other Receivables | 5 | 200,914 | 282,502 |
| Prepayments | | 642 | 1,307 |
| Total Current Assets | | 858,519 | 852,896 |
| Non-Current Assets | | | |
| Right of Use - Leased Asset | 14 | 19,875 | 7,380 |
| Total Non-Current Assets | | 19,875 | 7,380 |
| Total Assets | | 878,394 | 860,276 |
| Liabilities | | | |
| Current Liabilities | | | |
| Trade Creditors | 7 | 1,403 | 12,535 |
| Lease Liabilities | 15 | 20,023 | 7,602 |
| GST | 7 | 41,991 | 41,364 |
| Provisions | 9 | - | 3,600 |
| Membership Fee paid in Advance | 8 | 416,375 | 415,450 |
| Payroll Liabilities | 7 | 31,792 | 47,384 |
| Total Current Liabilities | | 511,584 | 527,935 |
| Total Liabilities | | 511,584 | 527,935 |
| Net Assets | | 366,810 | 332,340 |
| Equity | | | |
| Current Year Earnings | | 34,469 | 66,975 |
| Retained Earnings | | 332,340 | 265,366 |
| Total Equity | | 366,810 | 332,340 |

Statement of Changes in Equity

Meaningful Ageing Australia
For the year ended 30 June 2022

| | RETAINED EARNINGS | TOTAL |
|---------------------------------------|-------------------|---------|
| Statement of Changes in Equity | | |
| Balance at 1 July 2020 | 265,366 | 265,366 |
| Profit for the Year | 66,975 | 66,975 |
| Balance at 30 June 2021 | 332,340 | 332,340 |
| Balance at 1 July 2021 | 332,340 | 332,340 |
| Profit for the Year | 34,469 | 34,469 |
| Balance at 30 June 2022 | 366,810 | 366,810 |

Statement of Cash Flows

Meaningful Ageing Australia

For the year ended 30 June 2022

| | 2022 | 2021 |
|--|-----------------|-----------------|
| Operating Activities | | |
| Receipts From Customers | 654,827 | 329,182 |
| Interest Received | 91 | 555 |
| Payments to Suppliers and Employees | (551,814) | 254,285 |
| Net Cash Flows from Operating Activities | 103,103 | 584,022 |
| Financing Activities | | |
| Repayment of Lease Liabilities | (15,226) | (14,935) |
| Net Cash Flows from Financing Activities | (15,226) | (14,935) |
| Net Cash Flows | 87,877 | 569,087 |
| Cash and Cash Equivalents | | |
| Cash and cash equivalents at beginning of period | 569,087 | - |
| Net increase in Cash Held | 87,877 | 569,087 |
| Cash and cash equivalents at end of period | 656,963 | 569,087 |
| Net change in cash for period | 87,877 | 569,087 |

Compilation Report

Meaningful Ageing Australia For the year ended 30 June 2022

Compilation report to Meaningful Ageing Australia

We have compiled the accompanying general purpose financial statements of Meaningful Ageing Australia, which comprise the balance sheet as at 30 June 2022, the income statement, the statement of cash flows, a summary of significant accounting policies and other explanatory notes. The specific purpose for which the general purpose financial statements have been prepared is set out in Note 1.

The Responsibility of the Directors

The directors of Meaningful Ageing Australia are solely responsible for the information contained in the general purpose financial statements, the reliability, accuracy and completeness of the information and for the determination that the basis of accounting used is appropriate to meet their needs and for the purpose that financial statements were prepared.

Our Responsibility


On the basis of information provided by the directors we have compiled the accompanying general purpose financial statements in accordance with the basis of accounting as described in Note 1 to the financial statements and APES 315 *Compilation of Financial Information*.

We have applied our expertise in accounting and financial reporting to compile these financial statements in accordance with the basis of accounting described in Note 1 to the financial statements. We have complied with the relevant ethical requirements of APES 110 *Code of Ethics for Professional Accountants*.

Assurance Disclaimer

Since a compilation engagement is not an assurance engagement, we are not required to verify the reliability, accuracy or completeness of the information provided to us by management to compile these financial statements. Accordingly, we do not express an audit opinion or a review conclusion on these financial statements.

The general purpose financial statements were compiled exclusively for the benefit of the directors who are responsible for the reliability, accuracy and completeness of the information used to compile them. We do not accept responsibility for the contents of the general purpose financial statements.



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Darren Fitzgibbon FCPA

Breakthrough Accounting Pty Ltd

Dated: 19 October 2022

Your opportunities to get involved

By promoting our work, you can help to raise awareness about the importance of holistic care for all older people. You can start by signing up to receive our free monthly e-news and guest article.

Contact us if you would like to receive this e-newsletter, a catalogue of our resources, or any of our information packs to distribute to your networks: admin@meaningfulage.org.au

Ready to go further?

Make a tax-deductible financial contribution

Would you like to financially contribute to our research projects and resource development to build the confidence and capability of aged care staff to provide spiritual care and promote emotional wellbeing?

*All donations of \$2 or more are tax deductible.
ABN 781 244 51 540.*

Visit our website www.meaningfulageing.org.au
or call 1800 618 107.

Become a member

Membership of Meaningful Ageing Australia is open to aged care organisations who provide support, care and/or accommodation for older people in Australia. Our members are part of a collective effort to influence support for older people to have access to high quality holistic care.

We create practical evidence-based resources and professional development events to support our members to build staff confidence and capability so that they can integrate emotional support and spiritual care into their day-to-day work.

You can schedule a conversation with us to see if membership is the right decision for you at this time: mpockran@meaningfulage.org.au

Sponsor a project

There are always opportunities for you to sponsor one of our unique resources. Talk to us today about our projects that are waiting for your investment. Become a corporate partner and show your commitment to quality of life for older people: jmolloy@meaningfulage.org.au



Our history

In June 2009, a multi-faith Steering Committee was created to develop a vision, mission statement and objectives for an association to be formed to support the future of pastoral and spiritual care for older people.

By September 2012, there were 22 Sponsor Organisations. Pastoral and Spiritual Care of Older People (PASCOP) was incorporated in December 2012.

In early January 2013, Dave Petty commenced as the inaugural Executive Officer. On 5 February 2013, a meeting of Sponsor Organisations appointed an inaugural board.

In May 2014, PASCOP was launched as a membership-based not for profit and began to recruit new members. Sponsors were invited to convert to members at the end of their sponsorship period in 2015.

In February 2016, Dave Petty handed over leadership to Ilsa Hampton, who had served on the board since the organisation's inauguration.

To communicate our intent more clearly, in April 2016 our members voted to change our name from PASCOP to Meaningful Ageing Australia.

At the AGM on 3 December 2019, members voted to change the organisation's structure to a Company Limited by Guarantee, which was approved by ASIC on 5 June 2020.

In 2020-21, we successfully applied to become recognised as a public benevolent institution with the Australian Charities and Not for Profits Commission, followed by being endorsed with deductible gift recipient status from the Australian Taxation Office.



